#### **HOW WE HELP**

Founded in 1985, the Community Dining Room (CDR) is a private, not-for-profit organization committed to serving the community by feeding the hungry, and providing support and companionship to our shoreline neighbors through basic human services such as:

- · Daily hot lunch
- Home delivered meals and friendly visiting
- Tuesday night family dinner and children's program
- Free book distribution
- Wednesday night take-out dinner
- Saturday breakfast
- Special holiday dinners
- Referrals to social services
- Community service opportunities for students
- Vocational training for persons with disabilities
- Medical screenings
- Nutrition and health programs



Our Executive Director, Patricia Kral, acts as a client advocate, working closely with community agencies, local welfare offices, businesses,

and health care providers to identify available resources. Some of the local agencies we partner with include the Connecticut Food Bank, the Greater New Haven Emergency Food Council, the Visiting Nurses Association, East Shore Health Department and Read to Grow.

### **OUR PROGRAM SCHEDULE**

(go to www.communitydiningroom.org for our complete and most up-to-date calendar of programs)

#### Lunch

Sunday thru Friday and second and fourth Saturday: Noon - 1:00 p.m

# Tuesday Night Family Dinner and Children's Program

(for families with children) Tuesdays at 5:30 - 6:30 p.m.

#### **Wednesday Night Take-Out Dinner**

Call for pick up (203) 488-0447.

#### **Saturday Breakfast**

9:00 - 10:00 a.m.

#### **Home Delivery**

Delivered Monday, Wednesday and Friday (provides meals for each day of the week)

#### **Walking Program**

Wednesdays 11:30 - Noon (before Noon lunch)

#### **HOW YOU CAN HELP**

**Volunteer** You can make a difference in just a few hours as a cook, kitchen helper, fund raiser, home delivery driver, and in many other ways

Invite a representative from the CDR to speak to your organization about our many programs, including our efforts to provide hot meals and companionship to our shoreline neighbors

**Donate** There are many ways to increase your giving power at the CDR:

- Give food most of our non-perishable food comes from private donations
- Conduct a food drive organize one in your school, church, synagogue, neighborhood or organization
- Make a tax-deductible donation your contribution will support the many programs and services the CDR provides to our shoreline neighbors
- Donate securities giving appreciated securities might have additional tax benefits for you that should be discussed with your accountant or attorney
- Leave a legacy you can help continue the work of the CDR with your thoughtful planned giving

## MAKE A DONATION

By stopping by or mailing to the CDR: 30 Harrison Avenue Branford, CT 06405

or

Online at www.communitydiningroom.org



Executive Director, Pat Kral, shares a meal and a smile with guests



A long-time volunteer working in the kitchen



Family fun at our annual October fundraiser, Make Your Own Scarecrow Sliney Elemetary children deliver valued donations to the kitchen





30 Harrison Avenue Branford, CT 06405

PHONE 203.488.9750
KITCHEN 203.488.0447
EXECUTIVE DIRECTOR Patricia Kral
EMAIL pkral@communitydiningroom.org

To learn more about the CDR visit us online at www.communitydiningroom.org or join us on facebook.



Volunteers help make our annual Halloween celebration spooktacular during one of our weekly Tuesday Night Family Dinners



